

Nurture The Gift

In the Sacrament of Confirmation, you are given an incredible gift: the Holy Spirit, which deepens your baptismal grace.

A gift is meant to be received, cared for, and used. The Holy Spirit is not a gift that you simply receive on the day of your Confirmation and then leave behind. It is a gift that can grow throughout your entire life.

Think about being given an apple tree. You wouldn't plant it in the ground and walk away, expecting apples to appear. You would give it sunlight. You would water it. You would give it nourishment.

Your relationship with the Holy Spirit is much the same.

You have to nurture the gift. Make time to pray. Be quiet and listen. Reflect on what God may be asking of you. Invite the Holy Spirit into your decisions, your relationships, your struggles, and your everyday life.

When you nurture your relationship with the Holy Spirit, you begin to see the fruit of that gift grow in you.

Confirmation is not the end of your journey of faith. It is an invitation to begin living more deeply with the incredible gift you have been given.

“1830 The moral life of Christians is sustained by the gifts of the Holy Spirit. These are permanent dispositions which make man docile in following the promptings of the Holy Spirit.”



Confirmation and The Holy Spirit

Understanding
the Gifts and Fruits
of the
Holy Spirit

Gifts of the Holy Spirit



Wisdom

Correctly judging things of a supernatural nature, such as the existence of God

Understanding

The ability to comprehend the meaning of the teachings of the Church

Counsel

Helps us to judge what to do in any given situation

Fortitude

The courage to stand up for what is right

Knowledge

Helps us to judge things in perspective. With the ultimate goal of someday reaching heaven

Piety

Helps you to be remorseful of your sins and to love others because you can see God in them

Fear of the Lord

A profound respect for God, and a strong desire not to offend him

Fruits of the Holy Spirit

Charity

(LOVE) Love for both God and neighbor. It is selfless, focused on the other person, given freely and gladly without condition or the expectation of repayment

Joy

Contentment that comes from being close to God

Peace

The harmony that occurs when justice prevails

Patience

The virtue of suffering interruption or delay with composure and without complaint; to suffer annoyance, insult or mistreatment with self-restraint, refusing to be provoked

Kindness

Kindness is a warm and friendly disposition toward another

Goodness

A commitment to choosing what is morally right and rejecting evil

Fruits of the Holy Spirit

Generosity

Generosity is unselfish and expresses itself in sharing. It is extended to family and friends, strangers, and particularly those in need

Gentleness

Sensitivity for another person. A calming humble approach in how we treat people

Faithfulness

Loyalty to God, keeping one's promises, and living out moral commitments

Modesty

Respecting oneself and others in behavior, attitude, and appearance

Self-Control

To be in control of one's self rather than to be controlled by temptations, events or other people

Chastity

Honoring and respecting the gift of our bodies and sexuality according to God's plan, treating your body and others as temples of the Holy Spirit