

A Special Letter to Children
from
Mother Teresa of Calcutta

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6 May 1997

My dear Children

God loved the world so much that He sent us His only Son to save us from sin. And Jesus brought us the Good News that God loves each one of us with a most tender love. We are precious to Him. He has carved us in the palm of His hand. And we are created for greater things: to love and to be loved.

It is so important for us to know the Word of God. Because if we know it, we will love it; and if we love it, we will keep it and live it. Let us ask Mary, the Mother of Jesus and our Mother, for the grace to imitate her. She kept the Word of God and pondered it in her heart. And to be able to do that, we must pray. Prayer gives a clean heart, and a clean heart can see God and know His will for us.

Jesus tells us, "Love one another as I have loved you." And how do we do that? Love begins in the family. I begin by loving my father and my mother, my brothers and sisters; my friends in the neighbourhood and at school and all those I meet in my town or city. Love to be true must hurt, must cost us something. When we love like that, ready to make a sacrifice, we will find peace and joy.

Look around and see if there is anyone around you who is sick, poor, lonely, or feeling unloved or unwanted. We don't have to do big things. What counts is that we do small things with great love - giving a smile, a kind word, a helping hand, bringing a glass of water, sharing a sweet. Remember that we do it to Jesus because He said, "Whatever you do to the least, you do it to Me." So let us pray much that we may be the sunshine of God's love to all we meet.

Let us pray.

*God bless you
Mother Teresa me*